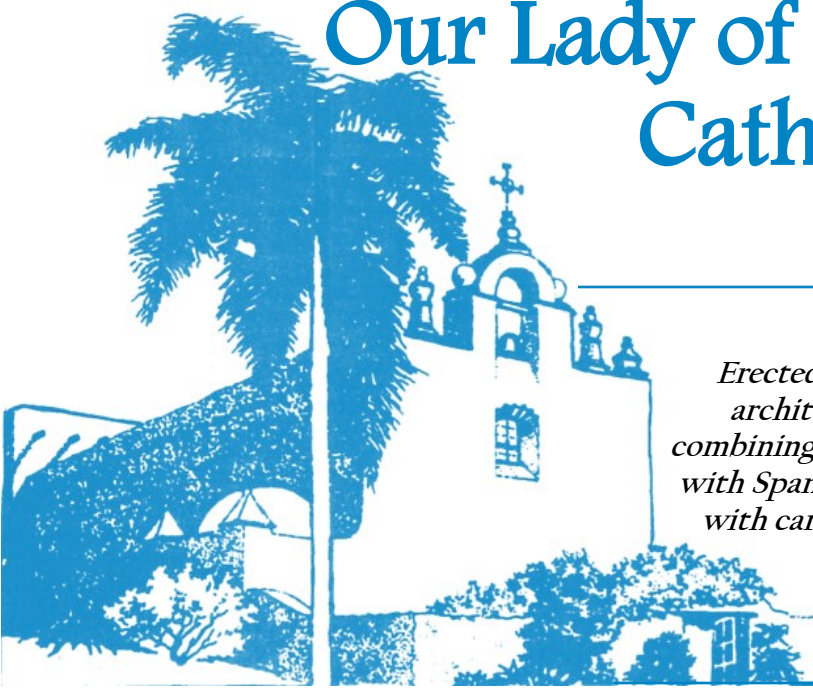


# Our Lady of Mount Carmel Catholic Church



*Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees is typical.*

Monsignor Stephen Downes, Pastor  
Father Maurice O'Mahony, Pastor Emeritus  
Father Carrol O'Sullivan, Retired  
Father Jack Shine, C.M., Weekend Associate

## Rectory

1300 East Valley Road  
Santa Barbara, California 93108  
*website:* [www.mtcarmelsb.com](http://www.mtcarmelsb.com)  
email: [dellastrada1300@gmail.com](mailto:dellastrada1300@gmail.com)

Phone 805/969-6868  
Fax 805/565-5959

## Masses

Daily 7:45 AM  
Saturday 7:45 AM Vigil Mass 4:30 PM  
Sunday 8:00 AM. 10:00 AM. 12 Noon

## Holy Day Mass Vigil Mass 5:30 PM

Mass Times on Holy Days  
7:45 AM. 9:00 AM (*School Mass*) & 5:30 PM

## Confessions: Saturdays 3:30- 4:15 PM *\*In Side Chapel\**

## Baptisms: 1st & 2nd Sundays of the Month

## Religious Education

805/969-4868

Sister Kathleen Patrice, C.S.J. - Director  
[srkathleen@mountcarmelschool.net](mailto:srkathleen@mountcarmelschool.net)

## Youth Minister/Confirmation Coordinator

Sarah Mack - Youth Minister 805/574-9941  
[olmcsb93108@gmail.com](mailto:olmcsb93108@gmail.com) - Young Adult Ministry - MCYA  
High School Confirmation - '*El Camino*'  
Middle School Youth Group - '*The 'M&M's*'

## Weddings

The Bride or Groom must be a registered, contributing and active member of Mt. Carmel Parish for at least one year before requesting a marriage date.

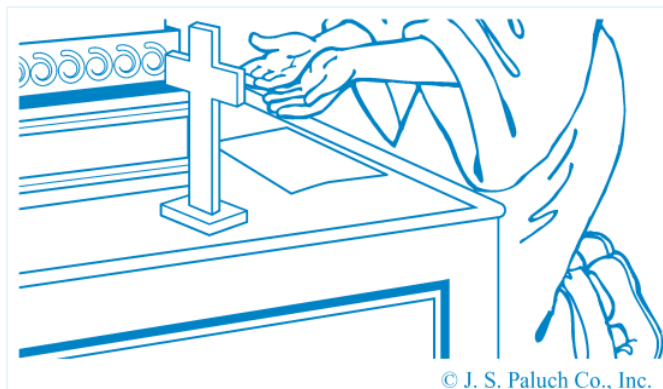
Please call the Rectory at least six months before the proposed date of marriage or email us at [weddings@olmc-montecito.com](mailto:weddings@olmc-montecito.com) for more information.

## Our Lady of Mount Carmel School

805/969-5965

530 Hot Springs Road • Santa Barbara, 93108  
*Pre-K thru 8th Grade* • Principal — Karen Regan  
[www.mountcarmelschool.net](http://www.mountcarmelschool.net)

Secular Order of Carmelites - Meets 2nd Sat. of each month  
Evelyn Duimovich 805/969-3858



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## The Fourth Sunday Of Ordinary Time FEBRUARY 1, 2015

Come, let us bow down in worship:  
let us kneel before the LORD.  
who made us.

Psalm 95:6

# FROM THE PASTOR'S DESK

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Fr. Steve

FOURTH SUNDAY IN ORDINARY TIME  
FEBRUARY 1, 2015

Jesus teaches with authority and heals with power: this is the picture we have in today's Gospel (Mark 1:21-28). "A new teaching with authority" is how the people describe their experience of Jesus. He fulfills the promise that Moses speaks about in the First Reading that "a prophet like me will the Lord, your God, raise up for you from among your own kin"(Deuteronomy 18:15-20). Jesus not only teaches but acts with great love as he heals the man with the unclean spirit. In Jesus we see incarnate God's love, gentleness, caring for each person, especially anyone afflicted in any way. What is our response? St. Paul tells us that we must give a wholehearted response, free of anxieties, in sincere devotion to God (1 Corinthians 7:32-35). Whether we are married or unmarried, let us keep our eyes on the Lord, listening to his teaching and being healed in his love.

- On Monday we celebrate the Feast of the Presentation of the Lord Jesus in the Temple in Jerusalem forty days after the joyful feast of his Birth. Today's feast has been called "the last echo of Christmas". As Simeon says in the Gospel for this feast: Jesus is "a light for revelation to the Gentiles." May we always walk in his light!
- On Tuesday the traditional Blessing of Throats on the Feast of St. Blaise will take place after the 7:45 AM Mass.
- The RCIA class for Non-Catholics inquiring into the Catholic Faith and for adult Catholics who would like to prepare for First Holy Communion or Confirmation continues on Tuesday nights from 7:00 to 8:30 PM in the Spiritual Library in the School. Any questions? Call Father Steve at the Parish Office (969-6868).
- Children from Our Lady of Mount Carmel School will help in our celebration of Holy Eucharist at 10 AM Mass next Sunday, the School Family Mass for the month of February.
- Online giving is now available at Our Lady of Mount Carmel Church. Online giving is a convenient and safe way to make your donations which show your love for God and your parish Church,

especially if you are out of town or unable to come to Our Lady of Mount Carmel Church every Sunday. Just visit our parish website at [www.mtcarmelsb.com](http://www.mtcarmelsb.com) and click on Giving (or DONATE) link/tab. to Our Lady of Mount Carmel Church every Sunday.

Let us proclaim the rock  
of our salvation.



Our Lady of Mount Carmel

## WELCOME TO OUR LADY OF MT. CARMEL CHURCH

If you are visiting or new to our community, we are blessed that you are here to worship with us and we welcome you. Our Pastor, our Retired Priests and Parish Family extend the hospitality of Jesus Christ to you.

If you would like more information about our faith community and ministries, please call or stop by our Parish Office. Our office hours are Monday thru Friday, 8:30am- 12 noon and from 1:30pm - 5pm. Our office number is 805/969-6868.

Join us for cappuccino, coffee and donuts in the Side Courtyard, after the 10am Sunday Mass.

### Online Giving

Our Lady of Mt. Carmel now offers Online Giving.

**Convenient. Easy. Secure.**

**Sign up today on  
[www.mtcarmelsb.com](http://www.mtcarmelsb.com)**

How great is God's love for us! Your generous giving shows your love for God and God's Church.

#### Parishioner Registration Form

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ Zip \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_  
 email \_\_\_\_\_

**Check One:**  New Parishioner  
 New Address  
 Would like Offertory

Envelopes  Moving out of the Parish

Please place the form into the Offertory basket or bring it by the Parish Office.





**Ministry Assignments**

**SATURDAY, JAN. 31st**

**4:30 PM**

**Lector** - Jane Burkemper

**Eucharistic Ministers** - S. Carroll, K. Flynn & S. de Ponce

**Altar Servers** - Grayson Macleod, Emily & Joshua Wazny

**SUNDAY, FEB. 1st**

**8:00 AM**

**Lector** - Alicia McFarlane

**Eucharistic Ministers** - G. & M. Mueller

**Altar Servers** - Guiliana Ziliotto, Theo & Emmett Mack

**10:00 AM**

**Lector** - Mary Pat Whitney

**Euch. Ministers** - C. Groth-Marnat, R. Sailors, B. Jones, M. Press, W. Gragg, J. Klink, J. & P. Langhorne

**Altar Servers** - Natasha Huey, Kate & Emily Whitney

**12:00 PM**

**Lector** - Anthony Dal Bello

**Euch. Ministers** - M. Guadagnini & B. Nielsen

**Altar Servers** - Anabel, Kaed & Charlotte Caesar



**Mass Intentions**

**SAT. JAN. 31st**

7:45 AM Jimmy Murphy +

4:30 PM Int. of Laura Borgatello  
'Happy 100th Birthday'

**SUN. FEB. 1st**

8:00 AM Sr. Vincent de Paul - IHM +

10:00 AM Int. of Destiny & Family

12:00 PM For All Our Parishioners

**MON. FEB. 2nd**

7:45 AM James Clyne +

**TUES. FEB. 3rd**

7:45 AM Edward Golowacz+

**WED. FEB. 4th**

7:45 AM Gregory Griffin +

**THU. FEB. 5th**

7:45 AM Ray Stopa +

**FRI. FEB. 6th**

7:45 AM Mary & John Lesch +

**SAT. FEB. 7th**

7:45 AM Philomena Supple +

4:30 PM Peter Samuelson +

**SUN. FEB. 8th**

8:00 AM George Duimovich +

10:00 AM Pasqual Comaglea +

12:00 PM Dr. Joseph Maguire +



**Catholic Charities Food Pantry**

Catholic Charities Food Pantry continues to need food for the homeless and those who have lost their jobs, especially during this holiday season! Your donations can be dropped off in the Vestibule of the Church or at the Rectory Office. Thank you for your generosity!

**"Whatever you do for one of my brothers, you do for me."**  
**Matthew 25:39**

**You Are Supported in Your Time of Loss**

The Parish Staff & Clergy of Our Lady of Mt. Carmel Parish want you to know that we are here to serve you at the time you might suffer the loss of a loved one.

Please contact the Parish Office immediately upon the death of a family member so that we can begin to pray for you, your loved one, and make us aware of your needs in the coming days — (805) 969-6868.

**ALLELUIA—I BELIEVE.**

**Let us joyfully sing psalms to him.**

**Please Pray For The Sick Of Our Parish**

Bruce Albertson, Jack Jones, Marti Boise, Jo Dushais, Rosemary Donohue, Patricia McNamara, Christopher Guadagnini, Tyler Hester, Dylan Swalley, Frances Maher, Maddie Press, the Borgatello Family, Marilyn Schuermann, Mary McCormack, Robert Munoz, Roger Cass, Jim Fuller, Susan Basler, Ritz Brunello, Francisco Ramos, Eric Lundy, Ann Rosecrance, Domini Tarman, Richard Sharp and Ruben Camacho.

Do you know of someone who is NO longer in need of being on our list? Wish to add immediate family? Does someone need to be visited? Please call our Parish Office at 805/969-6868.



**SHRINE CANDLES**

Candles can be purchased in the Parish Office or from Oscar, our Parish Care-taker. The donation is \$4.00.



Here at OLMC Parish, we strive to offer our youth a place to “Belong, Believe, Become”.



OUR LADY OF MOUNT CARMEL FAITH FORMATION PROGRAM  
*Instructing children in an enriching, loving, and learning environment.*

“El Camino”

High School Confirmation Group

We explore our faith & journey to The Rite of Confirmation through topical discussion, music, debate, multimedia & art. Meets two Sundays a month, from 11am to 12:30pm in our Parish Hall.



Sessions & Gatherings

- ◇ Feb. 8th Mass & Regular Session
- ◇ Feb. 22nd 5:00pm Mass for Families, Candidates & Sponsors

“Sanctus” High School Leadership Group

- ◇ Peer Leaders for M&M’s Youth Group  
Feb. 6th M & M’s ‘Night at the Movies’
- ◇ February Young Adult ‘Eastside Taco Crawl’

“M & M’s”

Middle School Youth Group

Open to all 6th - 8th graders from ANY school. Meets on Wednesdays, 6:30pm - 8pm in Parish Hall



Upcoming Events

- ◇ Feb. 6th “Night at the Movies” - Fiesta 5 ‘SPONGE BOB OUT OF WATER’ (Time TBD-RSVP)
- ◇ Feb. 17th ‘Mardi Gras/Shrove Tuesday’ ‘Pancake Party’ @ IHOP Carpinteria at 6pm

“MC-YA” OLMC Young Adult Ministry

Join us this month for the ‘Eastside Taco Crawl’

We are young adults between the ages of 18 to 39 who strive to develop our Catholic identity, strengthen our relationship with Christ, with one another, and with the wider community. We do this by planning and participating in a variety of spiritual, social, and service opportunities. Theology on Tap, Retreats, Food drives and much more.

Please contact Sarah Mack Youth/Young Adult Minister @ 805-574-9941 or [olmc93108@gmail.com](mailto:olmc93108@gmail.com) to be added to our email list.

**Faith Formation Scripture by Heart  
February ‘LOVE’**

**God is love and whoever remains in love,  
remains in God and God in him.**

**Safeguard Our Children**

**How To Report Inappropriate or  
Illegal Content On The Internet**

One of the main reasons that children do not report the inappropriate content they find online is fear of punishment from parents. If you let them know that it is not their fault if they come across an inappropriate site, they will be more willing to come to you when it happens. If your children ever show you a site that contains illegal behavior, such as pornographic images of children, contact your Internet service provider and the CyberTipline at [www.cybertipline.com](http://www.cybertipline.com).

**WHOLE COMMUNITY FAITH SHARING  
Week of February 1st—Mark 1:21-28**

**Faith Reflection:** In today’s Gospel, Jesus is teaching in the synagogue and the people are astonished at his teaching; he teaches with authority. A man in the crowd with an unclean spirit recognizes Jesus as the Holy One and calls out to him. Jesus calls for the unclean spirit to come out of the man. The people again are amazed. Jesus has the authority to command even unclean spirits and they obey him. The people in the time of Moses begged for such a prophet That promise is fulfilled definitively in Jesus Christ, whose authority astonishes the assembled crowd. Obeying the authority of Christ makes us more human and fills us with a burning desire for things truly great.

**Faith Question:** Is my attitude toward Jesus the same as or different toward other authorities?

**Faith response:** I will let Jesus be the authority of my thoughts and actions this week.

# School News

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## A Catholic Community

Our Lady of Mount Carmel School Community is a partnership of parents, students, staff and parish communities that nurtures the growth of the whole child in a Catholic faith-based education through a challenging academic environment.

In this Christ-centered atmosphere, the unique qualities of each student are recognized. Children are encouraged to be life-long learners, and are taught to be active Christian leaders throughout their lives.

## Academics

OLMCS has a solid academic program including instruction in religion, mathematics, language arts, reading, science, social studies, technology, physical education, and an integrated fine arts program. OLMCS is accredited through National Catholic Education Association (NCEA) and Western Association of Schools and Colleges (WASC).

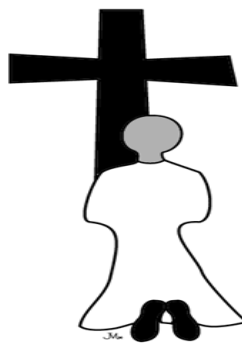


**Monthly School Tour**  
**Tuesday, February 10th ♦ 9am**  
**Pre-K thru 8th grade**

We accept students for admission without reference to race, color, age, national and ethnic origin or gender.

## Flu and Cold Season are Here....

Fr. Steve says, "Your health is a great blessing from God and requires our care and attention. Please follow the advice of doctors in caring for yourself and your family. If you or your family have the flu or a cold, it's best to stay home and care for the person. In this situation, you can excuse yourself from Mass on Sunday. **If you come to Mass and have a cold or possibly the flu, we ask you not to drink from the Sacred Cup at Communion time. At the Sign of Peace, do not shake hands, but let the other person know that you are not feeling well and wish them peace and God's blessings.** These simple common sense suggestions will safeguard your health, as well as the health of other parishioners."



In the spirit of the Lenten Season, you are invited to **Stations of the Cross on Friday** evenings, followed by a **Soup Dinner**, starting **Friday, Feb. 20th at 6:00 pm.**

We are in need of soup makers. If you can help, there are sign up sheets at the entrance of the Church or you can contact Sister Kathleen Patrice at 805.969-4868.

## OUR PARISH FINANCES

Many thanks to all for your generous contributions to our Church in the Offertory Collection each Sunday.

Here is the report for the Offertory Collection on Sunday, January 10th/11th:

Envelopes & Plate Collection	\$7,630
Donations for Maintenance & Repairs	\$5,250
	<hr/>
Total	\$12,880

People were very generous this Sunday and this collection will be a great help in making necessary repairs and funding all the parish worship, religious, educational and service programs of the parish.

Online giving provides a new opportunity to show your love for God and his Church through your generous donations. Just visit our parish website at [www.mtcarmelsb.com](http://www.mtcarmelsb.com) and click on Giving (or DONATE) link/tab.

Many thanks and God's blessings for your generous giving to God and his Church.

***Come with us on a . . .***



## "Catholic Road Trip"

Over 10 weeks, beginning **THIS** Sunday morning, February 1st, Our Lady of Mount Carmel Parish invites everyone to come on a journey; a truly stimulating pilgrimage! Passports not required.

Through the incomparable enthusiasm of Father Robert Barron --speaker, author, and theologian -- we will explore, be challenged, and even surprised by our Catholic Faith. We'll watch the acclaimed series 'Catholicism' in our Parish Hall, and have a short discussion afterwards.

**Sunday Mornings 8:40 am - 9:50 am**

- Experience our Faith from its earliest years through the ages of saints and missionaries to the present day, "traveling" to 50 locations worldwide.
- Expect to bring home much more than you brought on this trip. Come with open eyes to the drama, truth, and beauty of our Faith.
- Non-Catholic friends and relatives are most welcome!

**For more info, contact: Sister Kathleen Patrice at 805.969.4868  
or Tina Lorge at 949.300.7980**

## Bishop Diego High School

**Invites you to their Annual Auction and Dinner**

**Satur-**

**day •**

**March**

**14, 2015**

*Off To The Races*

*Sr. Theresa Reis, S.M.D.*

**Honoring**





**SAINTS AND SPECIAL OBSERVANCES**

Sunday: Fourth Sunday in Ordinary Time  
 Monday: The Presentation of the Lord  
 World Day for Consecrated Life  
 Blessing of Candles & Groundhog Day  
 Tuesday: St. Blaise; St. Ansgar  
 Blessing of Throats  
 Tu B'Shvat (Jewish new year of trees)  
 begins at sunset  
 Thursday: St. Agatha  
 Friday: St. Paul Miki and His Companions  
 First Friday  
 Saturday: Blessed Virgin Mary & First Saturday

**READINGS FOR THE WEEK**

Monday: Mal 3:1-4; Ps 24:7-10; Heb 2:14-18;  
 Lk 2:22-40 [22-32]  
 Tuesday: Heb 12:1-4; Ps 22:26b-28, 30-32;  
 Mk 5:21-43  
 Weds: Heb 12:4-7, 11-15; Ps 103:1-2, 13-14,  
 17-18a; Mk 6:1-6  
 Thursday: Heb 12:18-19, 21-24; Ps 48:2-4, 9-11;  
 Mk 6:7-13  
 Friday: Heb 13:1-8; Ps 27:1, 3, 5, 8b-9;  
 Mk 6:14-29  
 Saturday: Heb 13:15-17, 20-21; Ps 23:1-6;  
 Mk 6:30-34  
 Sunday: Jb 7:1-4, 6-7; Ps 147:1-6; 1 Cor 9:16-19,  
 22-23; Mk 1:29-39

**BLESSING**



**OF THROATS**

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**LIVING GOD'S WORD**

We pray at every Mass the Lord's Prayer: which concludes: "And lead us not into temptation, but deliver us from evil." The power of evil has been overcome by Jesus' saving death, but we continue to pray that it does not find a home in us, in our Church or in our society.

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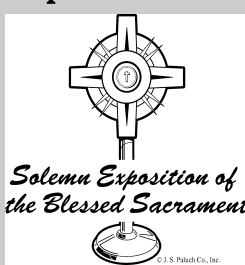
**Quarterly Magnificat Prayer Breakfast**

Saturday ♦ February 7th ♦ 9:30am to 12:30pm  
 Santa Maria Inn ♦ \$25 per person

**For Reservations**, please call Dolly Horn at 805.878-0420 or 805.934-1857 (after 5:00pm).

**Featured Guest** - Author, Kay Murdy

**Exposition of the Blessed Sacrament**



Please come, this Friday, February 6th for First Friday devotion, from after the 7:45 am Mass until Benediction of the Blessed Sacrament at 12 noon.

You are invited to come and worship and pray at any time you can.

**Coffee, Donut & Cappuccino Ministry**

Did you know???? Your one, two and three dollar donations to our Coffee & Donut Basket have directly benefited the Catholic Charities Food Pantry. **In 2014, we collected a TOTAL of \$670**, which was used to purchase groceries for the Pantry. **(This is a 50% increase from 2013!)** Thank you!! You are a blessing to our city!

**Catholic Daughters Annual Valentine Tea**

Friday, February 13th ♦ 2:00 pm  
 Serra Hall ♦ Tickets are \$35 each

For reservations, please call Denise at 805.895-0231 or at [tallyn1020@aol.com](mailto:tallyn1020@aol.com). Seating is limited, so please make your reservation early.



**RECITATION OF THE ROSARY**

The Rosary is recited everyday after the 7:45 am Mass. Please join us in the Main Church.

The Rosary is a special set of prayers to God that help us to remember the most important events in the lives of Mary and Jesus.

**Worldwide Marriage Encounter**

Attend a Worldwide Marriage Encounter Weekend to help deepen your communication, strengthen your relationship, rekindle your romance and renew your sacrament.

The next WWME weekend is February 6th-8th in Ventura. Contact Jeanine and Russ Walker at (805) 648-4244 to register or at [www.twocanlove.org](http://www.twocanlove.org).